

What's on

Monday August 1

The Dahl Project for young would-be actors, 13-19 at the Tobacco Factory. Travelling Light Theatre Company hosts a summer school featuring new, Roald Dahl-inspired characters. Only 20 places available. Cost £50 (email bryony@tobaccofactorytheatres.com if this is a problem.)

• tobaccofactorytheatres.com
Darlingside The Tunnels, Temple Meads. Darlingside are a Massachusetts quartet who bridge folk, pop, bluegrass, indie and chamber music "all underpinned by fabulous harmonies". Winner of the Folk Alliance International's performer of the year award in 2015. 7.30pm, £10.00.

• thetunnelsbristol.co.uk

Tuesday August 2

Make a soap box cart at Knowle West media centre, Leinster Avenue. 10am-4pm on Tuesday; also on Wednesday August 3. Work in teams to build, customize and race a soap box cart and design your team's racing suits. (More details on page 34.)

• kwmc.org.uk

Wednesday August 3

Afternoon tea and social with Knowle WI. 2-4pm at Upper Knowle Methodist church hall. Details from Barbara McInerney on 0117 971 5632.

Family animal sing-along with Poco Drom, at Windmill Hill City Farm. Weekly sessions re-start on August 3 and every Wednesday at 9.30am. "An interactive performance of original animal songs for kids and their adults that you can hop, wriggle, bounce and roar along to in the farm café. Sing a song about a sheep and then go and find a real one." All ages. Booking not required. £3 per child, adults free with the purchase of a drink.

• windmillhillcityfarm.org.uk

Friday August 5

After Hours Tour at Arnos Vale cemetery, 7.30-9pm. "Soak up the last summer rays in the ethereal beauty of Bristol's "Necropolis" in a tour revealing the darker side of Arnos Vale at dusk, in an atmospheric exploration of tragic tales, folk customs and funeral etiquette of Victorian society. £8.

• arnosvale.org.uk

Aynsley Lister The Tunnels, Temple Meads. "Fresh from his richly-deserved accolade as Guitarist of the Year in the



In Verity Standen's Hug, a select audience can only hear and touch the singers

PICTURE: Paul Blakemore

Startling show where you never see the performers

REVIEW: *Hug*, Tobacco Factory

ENTERING a room with 20 chairs, we were instructed to find a seat and put on the blindfold there.

The room fell quiet. And then came the voices. Harmonies and layers of sound floated into the room and all around us. Some notes swept close past my ears, some soared further away: human stereo. Then hands touched my hands and I was gently brought to standing. My left hand was placed on their shoulder, the other around their waist, and then we hugged. The

next song was a rhythm of breaths and pants and sighs, and because our bodies were touching I could feel the performer's diaphragm moving against mine – physical percussion.

During the course of 25 minutes (it seemed longer), we were moved, held, and immersed in sound – a belting piece of almost-too-loud discords straight down the lug-hole was followed by a primal sound bath of harmonies that made the hairs on my arms stand up. The final piece returned us to our hug, this time

with our heads on each other's shoulders, with deep resonant hums that purred through my body and reminded me of lullabies and a mother's caress. Then slowly the voices faded out of the room. As we removed our blindfolds only the audience were left, to blink and look about us, never knowing who had bathed us in the most wonderful sounds.

Beccy Golding

• *Sold out at the Tobacco Factory, Hug, created by Verity Standen, now starts an international tour.*

British Blues Awards and straight out of the studio, Aynsley returns to The Tunnels with a new album, *Eyes Wide Open*." 7.30pm, £12.

• thetunnelsbristol.co.uk

Saturday August 6

Bench mending in Victoria Park. Volunteers meet at 10am and aim to renovate a couple of park benches.

• vpag.org.uk

Sound engineering course

Would you like to know how to set up a PA? Know your auxiliary from your XLR? This one-day course, 10am-3pm, at Zion, Bristol, could help. No previous experience necessary. Suitable for 14 and upwards. £25

• zionbristol.co.uk

Marvellous Medicine Tour Arnos Vale cemetery, 11am-



Medical marvels: Arnos Vale tour

12.30pm. Learn about Victorian medicine and how it transformed Bristol and the world. From fresh water to forensics, childhood disease to cholera, the discoveries of medical professionals saved many lives and made Bristol one of the healthiest places to live. £5.

• arnosvale.org.uk

Jamaican Night Zion Bristol, Bishopsworth Road. Celebrate

Jamaican Independence Day with music from Troy Ellis and his Hail Jamaica Reggae Band and food from Agnes Spencer's Jamaican Cuisine. Tickets £3 adults, £1 children. 7.30-10.30pm.

• zionbristol.co.uk

Go, Go Children Fiddlers Club, Willway Street, Bedminster. 60s soul, rhythm & blues and more, first Saturday of every month. 9pm-6am, £12.

• fiddlers.co.uk

Friday August 12

Bristol Milonga Tango. An evening of tango at SouthBank Club, Dean Lane, Southville. "Atmospheric, friendly, great music and a sound system worthy of tango Argentino".

8pm-midnight, £10

• tangoalchemy.co.uk